

Details of Sports & Physical Education Activities/ Competition

Organised at the Institutional Level during the Year: 2024- 25

By: Dr. Ajay Kumar, Asstt. Professor, Deptt. Of Physical Education & Sports

Event	S. N.	Name of Activity/ Subject	Date	Venue	No. of Participant
National Sports Day Celebration	1	Major Dhyan Chand Smriti Student Seminar	29/08/2024	Class Room No.- 12	39
	2	200 Mts. Race (W)		Academic Block Approach Road	08
	3	200 Mts. Race (M)		Academic Block Approach Road	09
Student Seminar	4	Student Seminar on “ Job Opportunities in Physical Education & Sports ”	20/02/2025	Seminar Room	71
FIT India Pakhwara	5	Badminton Tournament (Singles) for Women	24/03/2025	On the Badminton Court of College	Cancelled due to Heat Waves (As per Govt. Order No.: Degree Vikas/ 2540/ 2024-25, Dated- 19.03.2025)
	6	Badminton Tournament (Doubles) for Women			
	7	Badminton Tournament (Singles) for Men			
	8	Badminton Tournament (Doubles) for Men			
	9	Yogasana Competition (W)	25/03/2025	On the Stage of College	27
	10	Yogasana Competition (M)	25/03/2025	On the Stage of College	09
	11	Essay Competition on “ Swasthiye Hetu Meri Dincharya aur Aahaar ”	27/02/2025	Class Room No.- 12 & 13	44
	12	Chess Competition (W)	28/02/2025	Class Room No.- 12	13
	13	Chess Competition (M)	28/02/2025	Class Room No.- 12	06
	14	Archery Tournament (W)	10/03/2025	Front Road of Academic Block	09
	15	Archery Tournament (M)	10/03/2025	Front Road of Academic Block	07

FIT India Pakhwara	16	Drawing & Painting Competition (Theame: 2047- Viksit Bharat aur Khel)	01/03/2025	First Floor Corridor of College Building	10
	17	Carom Competition (W)	26.03.2025	Class Room No.- 12	Cancelled due to Heat Waves
	18	Carom Competition (M)	26.03.2025	Class Room No.- 12	
	19	Tug of War (W)	27.03.2025	Academic Building Ground	Cancelled due to Heat Waves
	20	Tug of War (M)	27.03.2025	Academic Building Ground	
	21	Games & Sports Quiz Competition(M & W)	08/03/2025	Class Room No.- 12	31
Annual Sports (Athletic Meet: 2024- 25)	22	100 Mts (M)	21/03/2025	Major Dhyan Chand Mud-Track Ground	22
	23	100 Mts (W)	21/03/2025	Major Dhyan Chand Mud-Track Ground	28
	24	200 Mts. (M)	19/03/2025	Major Dhyan Chand Mud-Track Ground	29
	25	200 Mts. (W)	19/03/2025	Major Dhyan Chand Mud-Track Ground	32
	26	400 Mts. (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	06
	27	400 Mts. (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	07
	28	800 Mts. (M)	19/03/2025	Major Dhyan Chand Mud-Track Ground	06
	29	800 Mts. (W)	19/03/2025	Major Dhyan Chand Mud-Track Ground	09
	30	1500 Mts. (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	06
	31	1500 Mts. (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	13
	32	5000 Mts (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	07
	33	5000 Mts (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	08
	34	10000 Mts (M)	19/03/2025	Major Dhyan Chand Mud-Track Ground	06
	35	10000 Mts (W)	19/03/2025	Major Dhyan Chand Mud-Track Ground	05
	36	5 KM. Walk Race (M)	21/03/2025	Major Dhyan Chand Mud-Track Ground	15
	37	5 KM. Walk Race (W)	21/03/2025	Major Dhyan Chand Mud-Track Ground	27
	38	Long Jump (M)	19/03/2025	Major Dhyan Chand Mud-Track Ground	26
	39	Long Jump (W)	19/03/2025	Major Dhyan Chand Mud-Track Ground	23
	40	High Jump (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	14
	41	High Jump (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	08
	42	Triple Jump (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	06

Annual Sports (Athletic Meet: 2024- 25)	43	Triple Jump (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	15
	44	Discuss Throw (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	22
	45	Discuss Throw (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	34
	46	Shot Put Throw (M)	19/03/2025	Major Dhyan Chand Mud-Track Ground	15
	47	Shot Put Throw (W)	19/03/2025	Major Dhyan Chand Mud-Track Ground	17
	48	Javelin Throw (M)	21/03/2025	Major Dhyan Chand Mud-Track Ground	30
	49	Javelin Throw (W)	21/03/2025	Major Dhyan Chand Mud-Track Ground	33
	50	Hammer Throw (M)	20/03/2025	Major Dhyan Chand Mud-Track Ground	17
	51	Hammer Throw (W)	20/03/2025	Major Dhyan Chand Mud-Track Ground	08
	52	4X100 Mts. Relay (M)	19/03/2025	Major Dhyan Chand Mud-Track Ground	12
	53	4X100 Mts. Relay (W)	19/03/2025	Major Dhyan Chand Mud-Track Ground	20
Bharat Ratna Babasaheb Dr. Bhimrao Ambedkar Jayanti Celebration (Fortnight: 14th - 28th April, 2025)	54	Chess Competition	28.04.2025	Corridor of First Floor	09
	55	Carom Competition	28.04.2025	Corridor of First Floor	08
International Yoga Day Celebration	56	Yogabhiyas	21/06/2024	Corridor of Ground Floor	41

(Dr. Ajay Kumar)

Asstt. Professor, Phy. Edn..

PRINCIPAL